



CHICKEN *Tacos*

PREP
7 min

COOK
1 min

TOTAL
8 min

YIELD
1 serving

Ingredients

4 ounces shredded or chopped
precooked chicken (approx. $\frac{3}{4}$ cup)
3 butter lettuce leaves
 $\frac{1}{2}$ cup fresh salsa
2 tablespoons guacamole

Directions

- 1** If desired, warm chicken by putting it in a microwavable bowl and heating it on medium power for 1 minute.
- 2** Divide chicken among leaves. Top with fresh salsa and guacamole and serve.

Nutrition Facts: 264 calories, 12g fat, 3g saturated fat, 408mg sodium, 9g carbohydrate, 2g fiber, 3g sugar, 31g protein