



JOURNEY TO HEALTHY AGING

Planning for Travel in Retirement

Top Retirement Dreams

Facts

80%

Believe travel improves their mood & outlook

80%

Enjoy family vacations

76%

Love taking trips

64%

Enjoy staying overnight with friends

59%

Dream of traveling during retirement

47%

Agree that travel is so pleasurable and important that it is not a luxury, but a necessity

10 million

Retirees regret not saving more for travel



Being with Family & Friends
61%



Travel
59%



Pursuing Hobbies
51%



Volunteer Work
33%



Community Involvement
19%



Study
10%

Attention Given to Saving for Travel in Retirement

Some
32%

A little
20%

Not much
33%

A lot
12%

2% No Answer

While Americans agree that travel is a goal worth saving for, only few have saved enough to realize their dream in retirement