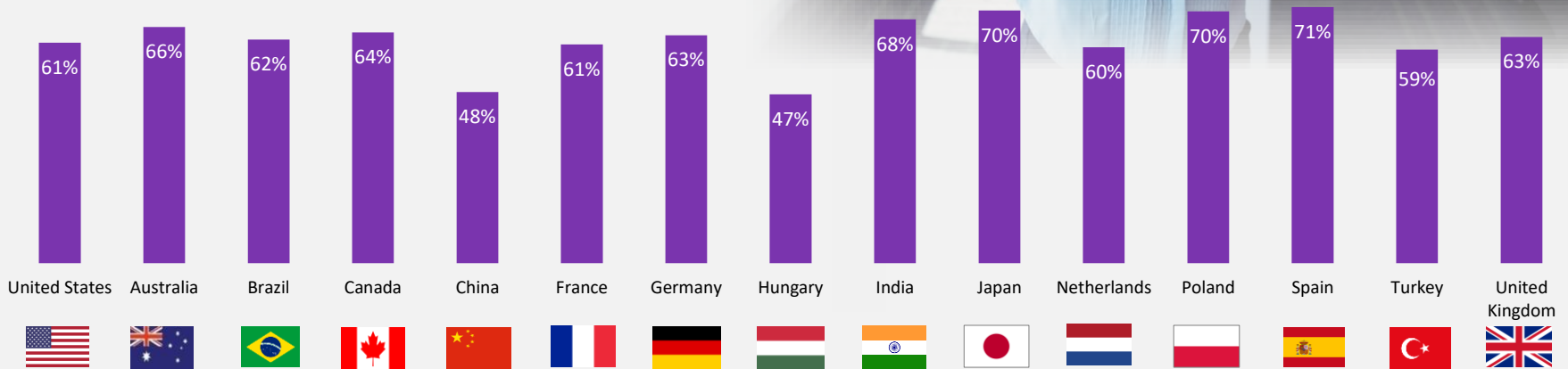


# Have you adopted a healthy lifestyle?

Being healthy and fit is a top life priority for many women around the world.



“Being healthy and fit is one of my top life priorities” (among women)

Source: 2021 Aegon Retirement Readiness Survey of workers and retirees. [www.transamericainstitute.org/global](http://www.transamericainstitute.org/global)

A global survey and collaboration among Aegon and nonprofits Transamerica Center for Retirement Studies® (TCRS) and Instituto de Longevidade MAG. TCRS is an operating division of Transamerica Institute®, a nonprofit, private foundation that is funded by contributions from Transamerica Life Insurance Company and its affiliates.

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